SUSTAIN unit 2

Level 5

Learning outcomes

RESPONSIBILITY AND AUTONOMY

- Contribute to implement relevant aspects of the UN SDGs (Sustainable Development Goals) in the training centre or site and into the training program
- o Create interest in and awareness of the multiple possibilities to use natural materials in a given context
- o Convey understanding of the sustainable principles behind technical solutions for building and living
- o Support learners to deal with data and interact with others about them
- o Link data with the quality of living and working spaces in eco-construction
- o Give hope and inspiration and create direct experience with natural materials
- o Rely on local economy and resources and contribute to local networks for the training

• Set up a monitoring system to collect updated data about the performance or impact of materials and processes

KNOWLEDGE (summary)	SKILLS (summary)
 SYSTEMIC PROBLEMS IN THE CONSTRUCTION INDUSTRY How the building industry contributes to climate breakdown and Earth overshoot Substances and processes harmful to health and the environment Design and decision making processes 	 Facilitate group interaction about negative impacts of the building industry Use different ways to share knowledge about sustainable approaches and natural materials in building
SUSTAINABLE APPROACHES IN CONSTRUCTION O Bioclimatic design	 Explain and demonstrate principles and technical solutions of eco-building
 Building biology European frames of reference/labels Charters and manifestos Sustainable Development Goals (SDGs) 	 Meet quality requirements and transmit them to trainees
 Diversity, participation, social intensity 	 Reflect on decision making processes
 PRINCIPLES OF ECOBUILDING Low inputs and consumption, cradle to cradle Connection to and inspiration from place, nature and 	 Communicate economic models, legal and organizational options for different forms of construction projects
 Culture Local, biological and renewable resources Natural building materials Holistic approach aiming for health and well-being 	 Encourage critical thinking in relation to data and testing
 Including and empowering builders and users Considering the wider impact of choices 	 Provide assessment tools and ecolabels relevant to the construction sector in a given location
QUALITY IN CONSTRUCTION TRAINING AND PRACTICE•Linking quality approach and sustainability•Quality work and quality of construction detailing•The importance of work organisation and cooperation	 Explain and use different methods, resources and tools for measuring, assessing, monitoring
 TOOLS FOR MONITORING AND MEASURING SUSTAINABILITY Critical analysis of sources, data and testing Principles of standardization Life cycle analysis (LCA) 	details are on page 2

KNOWLEDGE (detailed list)	SKILLS (detailed list)
 PROBLEMS How the building industry contributes to climate breakdown, pollution, destruction of habitat and depletion of resources Elements harmful to health and the environment present in building processes and materials Design and decision making processes excluding the builders and the users Greenwashing SUSTAINABLE APPROACHES IN CONSTRUCTION Bioclimatic design Building biology European frames of reference/labels for ecoconstruction: calculated, qualitative approaches, calculation tools Charters and manifestos for sustainable building and architecture Sustainable Development Goals (SDGs) connected to building and living High tech, low tech, hand tech: the diversity of sustainable building sites 	 Facilitate group interaction about negative impacts of the building industry on people and the planet Use different ways to share knowledge about sustainable approaches in construction the qualities (physical and other), diversity, possibilities and sector development of natural materials Explain and demonstrate principles of ecobuilding during training: Use local, biological and renewable resources Use resources sustainably. Reuse, recycle and sort waste in training and building. Take into account the scarcity of resources. Implement reuse or recycling of building materials. Use skills and principles inspired and informed by vernacular building and by nature's builders Show the creative and artistic potential of natural materials Show how natural materials reduce the toxicity of buildings and impact on air quality Rely on and look for a holistic approach in all choices, aiming at health and well-being
 Social intensity PRINCIPLES OF ECOBUILDING Low inputs and consumption, cradle to cradle Connection to and inspiration from place, nature and culture Local, biological and renewable resources 	 Show how sustainable development relates to regional and local economies Meet quality requirements and transmit them to trainees
 Natural building materials Holistic approach aiming for health and well-being Including and empowering builders and users Considering the wider impact of choices around materials and methods on society and economy QUALITY IN CONSTRUCTION TRAINING AND PRACTICE Linking quality approach on construction site or in training centre to sustainability 	 with the group, discuss and reflect on decision making processes in the building sector Communicate economic models, legal and organizational options for different forms of construction projects (participative work camps, activity cooperatives, occasional building workers, self-managed coop-type work collective) Encourage critical thinking in relation to data,
 The importance of quality work and quality of construction detailing The importance of good, efficient work organisation, cooperation and healthy work environment and habits TOOLS FOR MONITORING AND MEASURING SUSTAINABILITY Critical analysis of sources, data and testing Principles of standardization Life cycle analysis (LCA) STEP modules and handbooks U6 and U7 	 monitoring and testing, to understand their limitations Provide, explain and use different methods, resources and tools to measure or assess sustainability of buildings and processes evaluate materials and constructive modes do LCA and monitoring calculate primary energy content, R value and density of materials