

COOP		s3	Group Agreements Core routine	session plan EQF level 5 unit of LO COOP 1
<p>Objectives</p> <ul style="list-style-type: none"> • Understand what is a group agreement • Understand how group agreements can aid harmony and reduce conflict • Know when and how to use a group agreement for cooperation • Support trainees in a co-creative process to make a group agreement <p>Methods</p> <ul style="list-style-type: none"> • Use a collective process to create a group agreement • Reflexion • Feedback • Develop the group agreement for other sessions or events 		<p>Trainer</p> <hr/> <p>Place</p> <p style="text-align: center;">Anywhere</p> <hr/> <p>Time</p> <p style="text-align: center;">30 mins – 1H</p>		
Content	<ul style="list-style-type: none"> - What is a group agreement - How to make group agreements - How to use group agreements - Why: <ul style="list-style-type: none"> ○ to establish mutually accepted rules ○ to establish boundaries ○ to manage conflict and stress in group situations or events 		<p>Documents</p> <ul style="list-style-type: none"> - t_Resources - docs from M7 <p>https://www.seedsforchange.org.uk/groupagreement</p>	
Activities	<ul style="list-style-type: none"> - Introduce the idea of the group agreement with a short presentation and/or hand-out - Brainstorm ideas and support the participants in writing their own group agreement on a large sheet of paper (they decide how to take notes) <p>Ensure everyone’s contribution is heard – use inclusive methods such as working in smaller groups, writing ideas on paper, talking stick passed around a group (link to Module TEACH)</p> <ul style="list-style-type: none"> - Let the group or groups, as far as possible and with support, decide their approach in how the agreement should look and where it should be displayed. - Group reflection on the process with particular reference to co-operation - Group feedback to improve this and future group agreements. - Refer to the group agreement regularly throughout a session or event and allow time and space to change/add to the agreement. Encourage others to contribute to this process. - In particular refer to the agreement if there is conflict or confusion. 		<p>Equipment</p> <p>Tools for brainstorming</p>	
<p>Preparation</p> <p>Short presentation on theory</p> <p>Hand-out on main principles (guidelines)</p>				