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<https://www.federation-ecoconstruire.org>

The 5th transnational meeting of JUMP! Training for Change took place in EcoCenter ArtUR in the small village of Hrubý Šúr, Slovakia **November from 19th to 22nd, 2019**. Things sped up significantly in the meantime and with the finish line in sight (the programme runs out officially in August 2020), we got right into it:

## All 4 Modules

The working stage of the modules was presented by reduction groups. After many online individual meetings, pilots of the redaction groups for our 4 modules could meet, discuss, compare and adjust topics of their modules, re-think. The four parts of our training (mod1 Sustainability, mod 2 Change, mod 3 Assessment, mod 4 Cooperation) are beginning to take shape ... well, on paper at least, but still evolving.

As an example: the first presentation showed, how much work has already been done – and how much more is still to cover. “It’s all about awareness” pretty much works as a tagline for JUMP! as well as connection and inclusion. But how to teach awareness? Is it a practice and therefore tools can be used to practice it? Is it built by working together and overcoming conflicts and cannot be taught at all? Can we seed it in our training, hoping it will grow afterwards? Is knowledge essential to become aware of things?



And in the middle of this discussion somebody pops a simple question: How do we become fully alive? (So the Dalai Lama steps in and says: “Self-confidence built on an awareness of your own potential is vital to making yourself and others better.”)

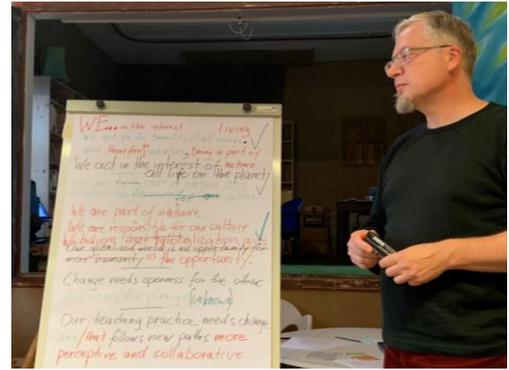
All in all, the 4 modules still need some time and work to reach perfection.

## Session plans

One day was devoted to creating different session plans for all the units within four modules. Working groups were working separately to be efficient and as a result we have many session plans we can test also during pilot courses.

## Manifest and MoU

Looking for consensus about our Manifest was, obviously, one of the main topics of the meeting (together with some thoughts about the Memorandum of Understanding). After making it simpler and more understandable between the meetings, now we checked it together: statement by statement, word by word. We finally agreed on the content and the common understanding, that our manifest can have cultural language differences.



## Learning Experiences

A JUMP! meeting is about teaching, and therefore it's about learning – the process being the goal in itself. Sounds complicated? That's because it is. Anyway, M5 was no exception, we did learn a lot – about Europass and gamification, the making of session plans and learning outcomes etc.



We also got an introduction in non-violent communication (observations, feelings, needs, request, the rest about Marshall Rosenberg's baby you have to find out by yourself; we guarantee it's worth it) and an intense presentation of training tools, inspired by JUMP! and already in use – like the spymaster game to learn technical terms, the cake or pie brainstorming method to go as deep into things as you wish, and systemic clustering, another brainstorming method with the aim to create a precise profile of the agenda at hand. We also played another name game to get to know other participants and a sustainability quiz to get more people into a topic other way than with a presentation. (Using Kahoot on mobile phones: [kahoot.it](https://www.kahoot.it). Game pin 699204, 20 seconds per question, 20 questions).



## Cooperation



Process of cooperation between partners turned out to be a good learning opportunity too. We openly talked about the problems and at one point we needed a team building game, so we learned a new one.

## Cultural experiences



Some partners visited the ArTUR Eco centre for the first time. It is an old village school retrofitted as a good practice of sustainable renovation. We managed an excursion to the straw bale dome designed by Gernot Minke. Evening visit of UNESCO town Svätý Jur with dinner in the vine cellar of a Renaissance house with young bio vine producer, who loves experimenting.

## Planning the pilot courses in Germany and France.

Our German partners invited us to the meeting with a presentation about their training centre.

The next JUMP! will lead us to Verden, Germany, where we are going to put things to the test. We are about to achieve tangible results on a lot of intangibles. Stay tuned.

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